A Case of Lycanthropy:

My Visit With Werewolves – Part 2

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In the last issue of the magazine, I shared my interview with two self-proclaimed werewolves, Lolita Moonshadow and Katrina Kanine. In this issue, I'd like to share another interview with "The Mundane."

I got a call from a 21-year-old woman who told me she was a werewolf. She called herself "The Mundane." I decided to meet with her and hear her story.

We met at Starbucks in Vallejo, California. It was a halfway meeting point between her home in Fremont and mine in Sacramento. I had never meet The Mundane before, but I was able to spot her easily. She wore a cat ears head band, a pentagram ring, and a black T-shirt that read "Live Animal." Not hard to find at all.

She was busy drawing. After introducing myself, she showed me some of her wonderful fantasy artwork. It was as good as science fiction, fantasy artist Boris Vallejo's work. Then, we began to chat.

Meet 'The Mundane'

About four years ago, The Mundane was bit by a mountain lion while doing voluntary work at the San Diego Zoo. The male mountain lion was playing with her at first and had her arm in his mouth, then he got rough and actually bit her.

The Mundane told me that everyone has an animal spirit within their being, and when she was bitten, it brought out her wolf-like attributes that she was already born with.

When she was bitten that day, the essence of the wolf took over her persona. It possessed her. She said that she soon had heightened senses, such as hearing, smell, eyesight, and even the sense of touch. She can feel the fluctuations around a person's body.

When she became a werewolf, the hair on her arms became dark and she even grew an extreme amount of hair on her legs. But she does not display canine teeth. The Mundane was born and raised a Catholic but has embraced Pagan beliefs. She craves meat, has eaten raw meat, but mostly orders medium-rare steaks. During a full moon, her senses skyrocket in intensity. This happens the day before a full moon, during the full moon, and after a full moon – three nights of sensationally heightened senses.

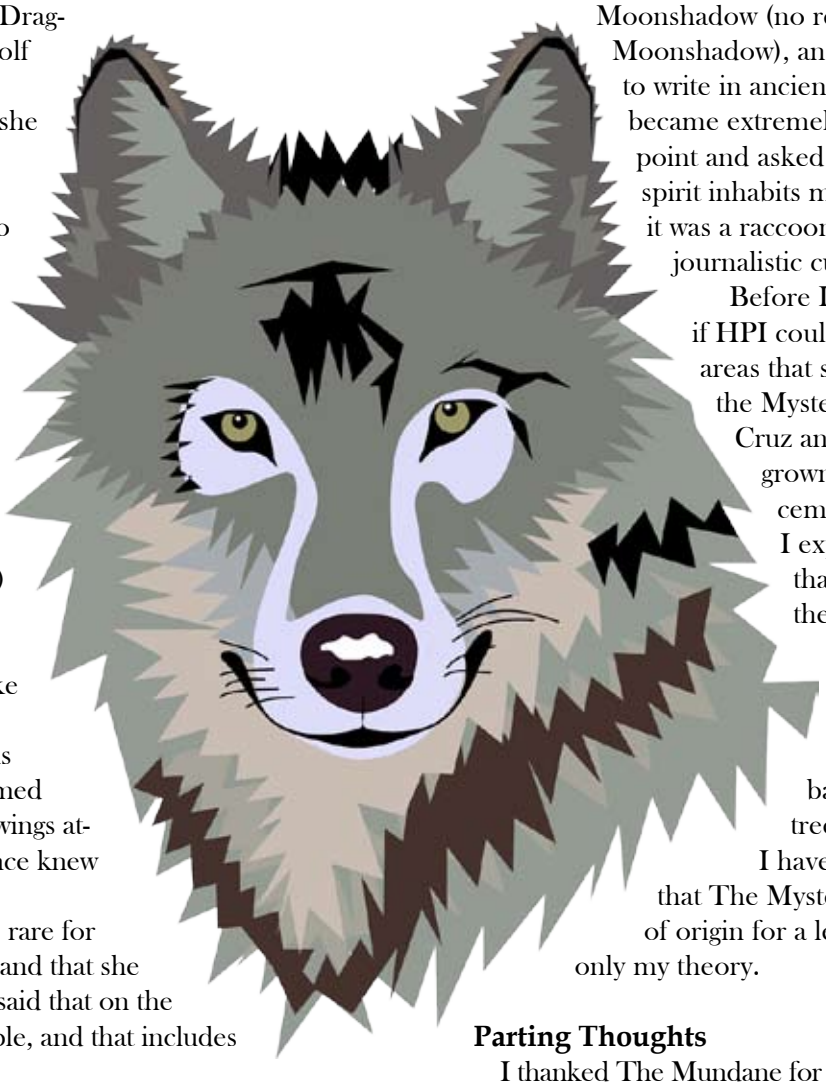
She believes in the afterlife; listens to Celtic, coun-

try, and blues music; and loves to hunt. In fact, she will hunt deer with a long bow. However, she adores animals and will help domesticated animals, including taking in stray dogs. She talked fondly about her black Labrador retriever, named Brutus Maximus. Vultures, ravens, and crows follow her around. She is also a falconer and able to hunt with falcons. To pass time, The Mundane sometimes plays Dungeons & Dragons, Masquerade, and Werewolf Apocalypse.

Silver can't harm her, but she has heard that silver can cause an allergic reaction to some werewolves. She doesn't like to be in enclosed spaces, but she does live a normal working life as a hostess at Olive Garden. She has a boyfriend and said her boyfriend is not "awakened," but he's also a werewolf. None of her relatives are werewolves. She knows a few vampires (energy and physical vampires) and said that werewolves and vampires are not mortal enemies, as Hollywood would like everyone to believe.

She also revealed that she is friends with a were-panther named Cassandra, who has actual bat wings attached to her back. She also once knew a were-moose!

The Mundane said that it's rare for werewolves to really transform and that she can't transform at all. She also said that on the energy plane, anything is possible, and that includes living, fire-breathing dragons.



A Werewolf With Psychic Abilities?

The Mundane explained to me that she is a slight empath and that when she lived in Sacramento, she would hear noises at night and the lights turned on randomly on their own. At her friend's house in Sacramento, there was an explosion heard in the house, and when they investigated the explosion, they discovered a plastic mug had shattered into five pieces for no apparent reason.

One of the psychic abilities that she has is being able to know when her friends will call her or visit with her before it happens. Her sixth-sense ability seems to be centered on her closest associates.

The strangest part of my interview came when she explained how certain entities inhabit her body, including Isis the Dragon, Dartanian the Raptor (yep, a dinosaur inhabits her body), Thane the Chinese Dragon — Protector of the 4th Tower, and Kata the Demon, which is in the form of a black spectral tiger.

The Mundane's guardian spirit is a Phoenix, named Moonshadow (no relation to Lolita Moonshadow), and she has learned to write in ancient pagan runes. I became extremely curious at this point and asked her what animal spirit inhabits my body? She said it was a raccoon, because of my journalistic curiosity.

Before I left, she asked if HPI could investigate two areas that she has frequented, the Mystery Spot in Santa Cruz and some overgrown weed-infested cemetery in Fremont. I explained to her that I have been to the Mystery Spot in Santa Cruz and found the place mysterious, especially when balls roll up hill and trees grow to a slant. I have always theorized that The Mystery Spot is a point of origin for a leyline, but that is only my theory.

Parting Thoughts

I thanked The Mundane for talking with me and headed home. Being a paranormal investigator, I have investigated so many unusual claims, including numerology, psychic phenomena, the Wicca culture, werewolves, vampires, UFOs, cults, secret societies, ghosts, and demonic possession. And I soon will be investigating the last of the Lemurians at Mt. Shasta, along with Bigfoot. Plus, I have always wanted to investigate doppelgangers, incubus, succubus, Mothman, men in black, Reptilians, sea serpents, zombies, and anything else considered paranormal.

So if you are reading this article and have something unusual you want me to check out, please contact me. I will respond promptly, because stepping into the paranormal is my business. ◆